

# TEENS



*Don't let anyone look down on you because you are young, but set an example for the believers in speech, in conduct, in love, in faith and in purity. 1 Tim. 4:12*

## 12 WAYS TO START

1. **Power Down.** Turn off your computer at night or whenever you're not using it.
2. **Save Water.** Make an effort to take shorter showers.
3. **Shop Vintage.** Get clothes from Goodwill or local consignment shops instead of the mall.
4. **Charge Right.** Unplug your charger from the wall outlet once your cell phone is fully charged.
5. **Hang Out.** Dry clothes on the line instead of using the dryer.
6. **Unplug.** Read a library book or play a board game instead of watching TV or playing video games.
7. **Ditch the Discs.** Buy songs online instead of purchasing CDs. Rent DVDs instead of buying them.
8. **Travel Green.** Ride the bus or walk to school. If neither is an option, carpool.
9. **Snack Smart.** Pack an after-school snack instead of buying one from a school vending machine. By purchasing your favorite treat in bulk and bringing some in a reusable container, you'll avoid the waste of individual packaging.
10. **Take Note.** When buying school supplies, look for notebooks made from eco-friendly materials. Make sure to get recycled paper for your home printer, too.
11. **Light Right.** Change the light bulbs in your room to compact florescent or LED.
12. **Drink Up.** Bring your own drink in a reusable water bottle instead of getting a throwaway carton of milk or bottled juice at lunch.



*Blessed Earth is a biblically based educational nonprofit that inspires and equips Christians to become better stewards of the earth. Through outreach to churches, campuses, and other organizations, we build bridges that promote measurable environmental change and meaningful spiritual growth.*

