

*Suggestions for Honoring God's Creation from*

# ALMOST AMISH

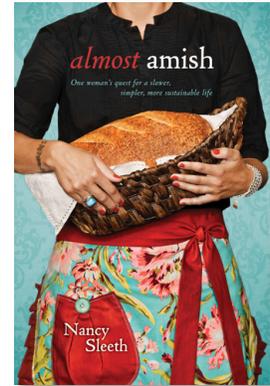


*Going back can sometimes be the quickest way forward.*

*C. S. LEWIS*

## 10 WAYS TO START

1. **24/6.** Begin keeping the Sabbath. If you cannot take a full day, start with a few hours. It will change the other six days of the week, guaranteed.
2. **Unclutter.** Clean out one drawer, one closet, or one corner of your basement. If you have not used it in a year, give it to someone who needs it *now*.
3. **Unplug.** Take a technology fast. Tune out of social media or turn off the TV for 48 hours and notice your reaction. Use technology as a tool, but don't allow it to rule as master.
4. **Think Before Buying.** Wait a month before making big purchases. You'll save more, reduce debt, and be able to give more generously.
5. **Support Local.** Skip the big box store and check out at least one neighborhood business each month—then give that business owner your loyal support.
6. **Get to Know Your Neighbors.** Stroll around the block together, invite them in for a meal, or plan a potluck. Take the initiative: Don't wait for them to reach out to you.
7. **Explore Outdoors.** Learn about God through his creation. Plant a tree, take a hike, picnic in the backyard, or go star gazing.
8. **Grow Your Own.** Even a tomato plant, herb garden, or berry bush can remind us that food does not come wrapped in cellophane, paid for with a credit card. *Everything* comes from God.
9. **Create Tradition.** Spend intentional time with your family with weekly Friday night dinners or Saturday morning pancakes. Make your home a welcoming place for your kids and their friends.
10. **Most of All:** Forgive fast and practice peace. Make your faith life and way of life one. Each step will bring you farther along the Almost Amish journey.



*Blessed Earth is a biblically based educational nonprofit that inspires and equips Christians to become better stewards of the earth. Through outreach to churches, campuses, and other organizations, we build bridges that promote measurable environmental change and meaningful spiritual growth.*

[www.BLESSEDEARTH.org](http://www.BLESSEDEARTH.org)

<http://www.amazon.com/Almost-Amish-Womans-Simpler-Sustainable/dp/1414326998>

